

# PhD. in Oral Health Sciences and Technologies – Dental Hygiene



LISBOA


UNIVERSIDADE  
DE LISBOA






The **PhD. in Oral Health Sciences and Technologies – Dental Hygiene** aims to provide dental hygienists with research skills in the areas of oral health sciences.

At the end of the programme, PhD holders should be prepared to carry out research autonomously, both in academic and business environments and in institutions providing health care.



May apply for access to the cycle of studies leading to a doctoral degree in Oral Health Sciences and Technologies, specializing in Oral Hygiene:

1. Holders of a master's degree, or legal equivalent, in areas related to Oral Health Sciences and Technologies, in the specialty of Dental Hygiene, who have obtained a minimum final classification of fourteen (14) points.
  2. Holders of a bachelor's degree in Dental Hygiene, or legal equivalent, who have a particularly relevant academic or scientific curriculum that is recognized as attesting to their ability to complete this cycle of studies by the Scientific Council of the Faculty of Dental Medicine.
  3. Exceptionally, holders of an academic, scientific or professional curriculum that is recognized as attesting to their ability to complete this cycle of studies by the Scientific Council of the Faculty of Dental Medicine.
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## OPERATIONAL RULES

### TITLE:

The doctor's degree is granted to those who have obtained approval in the public act of defense of the thesis

### CREDITING & DURATION:

240 ECTS. 4 years, (maximum 6 years).

### NUMBER OF PLACES: 4

### COSTS:

2.750€ per year (alternatively students may choose to pay the tuition in 10 instalments)

### ORGANIZATION:

The cycle of studies leading to a doctoral degree includes the attendance and completion of a doctoral course, called the "Advanced Scientific Training Course", consisting of scientifically-based curricular units, suitable for research training; and the presentation of an original thesis, expressly prepared for this purpose, appropriate to the nature of the branch of knowledge and specialty, its discussion and approval.

## APPLICATION DEADLINE AND RULES

Applicants to the cycle of studies leading to a PhD degree should address an application to the Conselho Científico da Faculdade de Medicina Dentária, formalizing their application.

The application must contain the following information:

- a) Discriminatory certificate proving the academic degrees the candidate has, indicating the respective final classifications
- b) Identity card, citizen's card or passport.
- c) Updated Curriculum Vitae, including published works, properly documented.
- d) Letter of expression of intentions.
- e) Indication of the branch of knowledge and the specialty in which the doctorate will be carried out; (in this case is PhD in Oral health Sciences and Technologies, Dental Hygiene)
- f) Domain to be investigated, indicating the general objectives to be achieved.
- g) Indication of the advisor (s) proposed by the candidate, and respective acceptance declaration(s).
- h) Letters of reference.
- i) Other documents that the candidate considers relevant to the evaluation of the respective application.

Deadlines for application will be set annually by the Conselho Científico on the basis of a proposal from the Coordinating Council for doctoral programmes.



## APPLICATION DEADLINE AND RULES

To apply for the PhD course in Oral Health Sciences and Technologies, specializing in Dental Hygiene, at the Faculty of Dental Medicine of the University of Lisbon, in accordance with Regulation no. 784/2023 ([https://www.fmd.ulisboa.pt/wp-content/uploads/2023/07/reg-geral-doutoramentos\\_2023.pdf](https://www.fmd.ulisboa.pt/wp-content/uploads/2023/07/reg-geral-doutoramentos_2023.pdf)), candidates must address a request to the Scientific Council of the Faculty of Dental Medicine, formalizing the application and providing the necessary documents, as specified in article 3 of the regulations. Candidates are ranked on the basis of the formula set out in Article 2(5).

The legal equivalence of master's degrees in areas related to Oral Health Sciences and Technologies and bachelor's degrees in Dental Hygiene implies Specific Recognition of foreign degrees.

The application for the Specific Recognition must be submitted to a Portuguese university that offers a degree equivalent to the one to be recognized or the request can be addressed to DGES at <https://www.dges.gov.pt/en/pagina/degree-and-diploma-recognition>, following the instructions on the same site.

# ADVANCED SCIENTIFIC TRAINING COURSE

1. The Advanced Scientific Training Course:
  - a) Has the duration of one year, with a workload corresponding to 60 ECTS;
  - b) It is common to all branches and specialties of the PhD. programs;
  - c) Has a propaedeutic and probationary character.
2. The approval at the Advanced Scientific Training Course requires a positive evaluation in all the curricular units and graded from 10 to 20 from a numerical scale from 0 to 20, as well as, after request by the interested party, in its equivalent in the European scale of comparability of classifications, under the terms of Section II (articles 18 to 22) of Decree-Law No. 42/2005 of February 22, amended by Decree-Law No. 107/2008 of June 25.
3. The final classification of the Advanced Scientific Training Course is calculated by the arithmetic average weighted by the number of ECTS assigned to each curricular unit, calculated up to hundredths and rounded to the nearest integer.
4. The students may request to the Conselho Científico, by means of a duly justified justification, the realization of the Advanced Scientific Training Course in two non-extendable academic years.
5. Students who fail the Advanced Scientific Training Course will not be allowed to continue the cycle of studies leading to a doctoral degree.

## **Faculty**

### **Advanced Scientific Training Course**



#### **Professor Doutor Mário Bernardo – Curricular Unit of Epidemiology**

Degree in Dentistry from FMDUL. Master in Epidemiology by the National School of Public Health / Faculty of Medical Sciences of the New University of Lisbon. Full Professor of Preventive and Community Dentistry at the FMDUL. Member of the UICOB - Oral and Biomedical Sciences Research Unit. Author of several publications in national and international journals with scientific arbitration, and of communications in scientific events.



#### **Professor Doutor António Mata – Curricular Units of Research Methodologies in Oral Health and Evidence-Based Dentistry**

Degree in Dental Medicine - IUEM, in 1996; PhD from the University of Central Lancashire in 2003; PhD in Dentistry from the University of Porto in 2004; Full Professor at FMDUL; Research Unit Coordinator FCT- LibPHYS-UL; Director of the Center for Evidence-Based Dentistry Studies of the FMDUL; Over 100 publications.





### **Professor Doutor Henrique Soares Luís – Curricular Unit of Biostatistics**

Dental Hygienist (FMDUL, 1990). Graduated in Health Sciences from the University of Washington, USA, in 1992. Master in Statistics, from the Faculty of Sciences of the University of Lisbon, in 2004. PhD in Oral Health Sciences from the Faculty of Dental Medicine, University of Lisbon, in 2011. Assistant Professor with aggregation at the Faculty of Dental Medicine of the University of Lisbon. Guest Assistant Professor at the Polytechnic School of Health of Portalegre. President of the Coordinating Council for the Degree in Dental Hygiene and the Master's Degree in Dental Hygiene. Private practice since 1990. Member of the UICOB - Oral and Biomedical Sciences Research Unit. Integrated researcher at ciTechCare - Center for Innovation in Health Care and Technology (Research Unit FCT UID 05704 - ciTechCare). Author of several publications in national and international journals with scientific arbitration, and of communications in scientific events.



### **Professor Doutor João Aquino- Curricular Unit of Bioethics**

Professor in Faculty of Dental Medicine, University of Lisbon (FMDUL). Regent of the Curricular Units of the Integrated Master's Degree in Dental Medicine of: Bioethics; Oral Medicine and Pathology I; Forensic Dental Medicine and Deontology and Biomedical Law. Regent of the Curricular Units of the Degree in Oral Hygiene of: Bioethics and Medicine and Oral Pathology. Professor in Dental Medicine Specializations from: Endodontics; Pediatric Dentistry Periodontology; Prosthodontics; Implantology and Oral Surgery. President of the FMDUL School Board. Clinical Director of the University Clinics of FMDUL. President of the Ethics Committee of FMDUL.



### **Professora Doutora Sofia Arantes e Oliveira- Curricular Unit of Research Seminars**

Degree in Dentistry from the Instituto Superior de Ciências da Saúde, 1997; Researcher in Biomaterials at the University of California San Francisco (UCSF), USA, 1999-2003; PhD in Conservative Dentistry from FMDUP, 2004. Integrated Researcher (BIOMAT) at the FMDUL Research Unit, since 2004. Exclusive practice in Pediatric Dentistry, since 2004; Specialist in Pediatric Dentistry at OMDUP, since 2017; Assistant Professor at FMDUL from 2004 to 2012 and Associate Professor at FMDUL since 2012; Member of the Scientific Council of FMDUL, since 2007.; Member of the Scientific Council of the Portuguese Dental Association, since 2010; Member of the Directive Council of the OMDUL - representative of the South Region, since 2016; Author of several scientific publications in national and international journals.





### **Professora Doutora Sónia Mendes**


Dentist (FMDUL, 2000). Master's Degree in Epidemiology (Faculty of Medical Sciences of the New University of Lisbon, 2006). PhD in Dental Medicine, area of Preventive and Community Dentistry (FMDUL, 2014). Assistant Professor at the Faculty of Dental Medicine, University of Lisbon. Member, of the Master in Oral Hygiene and of the Postgraduate Course in Integrated Clinical Practice of the FMDUL. Member of the Southern Regional Council of the Portuguese Society of Stomatology and Dentistry. Reviewer of the Portuguese Journal of Stomatology, Dentistry and Maxillofacial Surgery. Member of the research unit UICOB - Oral and Biomedical Sciences Research Unit. Author and co-author of several articles, publications and communications in the area of oral epidemiology, oral public health and prevention of oral diseases.

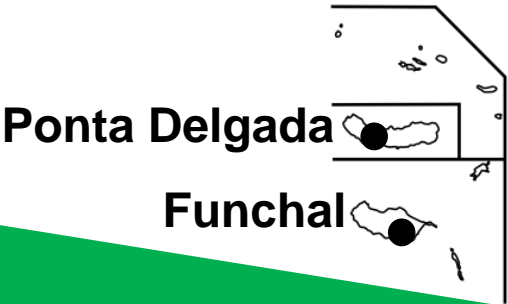
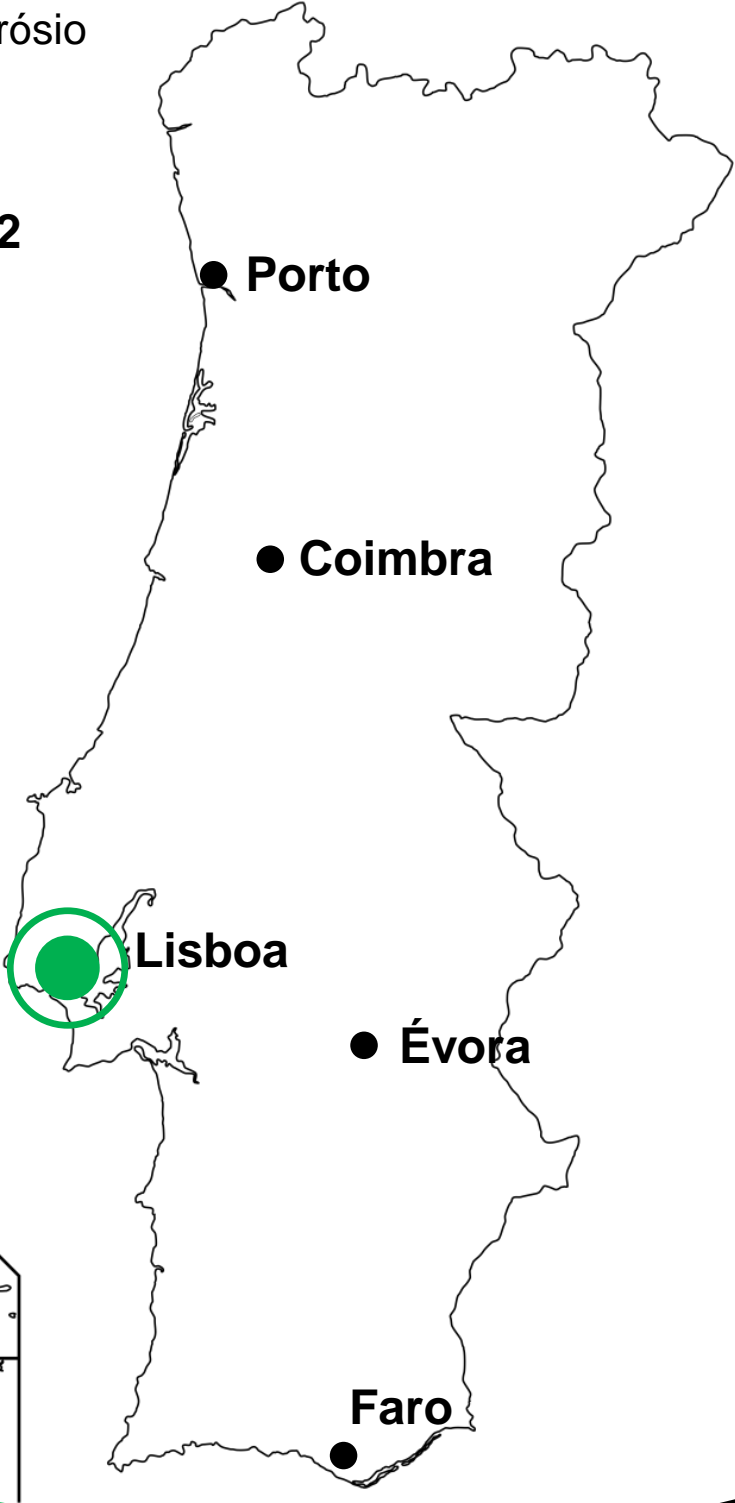
# WHERE WE ARE

Faculdade de Medicina Dentária  
Cidade Universitária  
Rua Professora Teresa Ambrósio  
1600-277 Lisboa

 **38.750237, -9.155922**

  
**Porto**  
2h 50m  
**Coimbra**  
2h  
**Évora**  
1h 58m  
**Faro**  
3h 40m

  
**Porto**  
1h  
**Faro**  
45m  
**Ponta Delgada**  
2h 30m  
**Funchal**  
1h 50m





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**HIGIENE ORAL**  
**DENTAL HYGIENE**